



## EVENTS

### MerryStar's Book Week and Mid-Autumn Festival Celebrations (September 9th-18th)

Reading is a fundamental skill that fosters imagination, critical thinking, and a love for learning.

Our Mid-Autumn Festival Celebration will also provide a unique way for children to learn about Vietnamese culture and traditions through reading stories.

### Power Up & Play (September 27th)

Physical activity is essential for a child's overall health and development. Our sports event promotes a healthy lifestyle and encourages children to participate in fun and engaging physical activities.

Dear Parents,

We hope this newsletter finds you well. As we embark on a new month, we're excited to share the upcoming events and initiatives at MerryStar School.



## STUDENTS SKILLS

### LANGUAGE DEVELOPMENT

**The Stories We Love:** Stories provide tremendous language exposure. Research shows repeatedly how crucial it is to read stories with our younger learners whenever possible, as it increases their vocabulary and comprehension phenomenally. This month, we will examine what stories are and how we can be creators and storytellers! We will talk about our favorite stories and share them with our friends, teachers, and families.

### MY HEALTH AND NUTRITION

**Delicious School Dishes Project:** We invite your child to participate in a unique culinary experience this month. We will feature different foods on the menu that incorporate their favorite school dishes and new dishes. This activity will allow your child to appreciate the diversity of our school's cuisine and discover new favorites.

This month's goals are to encourage our learners to develop healthy eating habits, help them talk about the food they like and dislike, and allow them to be more adventurous during meal times.

We will discover how our food plates are thought to match our nutrition needs, what food groups are, and what food we should eat a lot of to grow strong and smart!



## COMMUNITY

By participating in these activities, you will not only support your child's education but also nurture a passion for learning and a sense of community. We are excited to have you join us at our upcoming events!

- **Work together on book-related and Mid-Autumn Festival Events:** Collaborate with your child to create exciting book-themed activities.
- **Join Reading time:** Participate in your child's class's Reading Time gatherings.
- **Enjoy reading at home;** in any language you prefer. You can enhance your book collection by borrowing books from our library weekly with your child!
- **Stay active as a Family:** Regular physical activity boosts physical and mental well-being. Get involved in family exercises like hiking, biking, or playing sports together
- **Have conversations about the food you eat:** Discuss the nutritional value of the foods you consume. This can aid your child in developing healthy eating habits and making informed choices.

## SUSTAINABILITY GOALS



**Reduce:** As part of our commitment to environmental stewardship, we continue our sustainability project. This month, we will focus on maintaining our recycling station operations, limiting the use of plastic bags and items, and reducing our consumption of new items but finding opportunities to share what we have.

To this end, we will host a book exchange on September 18th between children and families of all classes!

Remember to bring the books you no longer read to school between September 9th and 11th!

## STAY CONNECTED

- **Join the Parent Portal:** Access resources, announcements, and class updates through our communication channels such as Kidsonline and our Facebook Page.
- **Direct communication:** Our teachers and the school administration are always available to listen to your concerns and provide necessary information to foster a strong partnership between home and school to improve your child's development.

We look forward to a fantastic month of learning and exploration!

Sincerely,

Merrystar Kindergarten Team

